FREE BENEVILLA SUPPORT GROUPS

Taking care of someone can be difficult. Support groups offer friends who can relate to your daily ups and downs and professionals who offer information and assistance.

**Alzheimer’s and Memory**

**SUN CITY**

Every Tuesday
10:00AM - 11:30AM at the Faith Presbyterian Church
16000 N. Del Webb Blvd., Sun City, AZ, 85351
Facilitator: Connie Danks, M.A., with Benevilla.
Co-sponsored by the Area Agency on Aging, Region One.

**SUN CITY WEST**

Second and Fourth Tuesday of Each Month
2:00PM - 3:30PM at the Lord of Life Lutheran Church
13724 W. Meeker Blvd., Sun City West, AZ, 85375
Facilitator: Connie Danks, M.A., with Benevilla.
Co-sponsored by the Area Agency on Aging, Region One.

**General Caregiving**

**PEORIA**

Second and Fourth Wednesday of Each Month
9:30AM - 10:30AM at the West Valley Life Enrichment Program
8133 W Cactus Rd., Peoria, AZ, 85381
Facilitator: Connie Danks, M.A., with Benevilla.
Co-sponsored by the Area Agency on Aging, Region One.

**Parkinson’s**

**SUN CITY WEST**

Third Tuesday of Each Month
3:00PM - 4:30PM at the Shepherd of the Hills United Methodist Church
13658 Meeker Blvd., Sun City West, AZ, 85375
Facilitator: Connie Danks, M.A., with Benevilla.
Co-sponsored by the Area Agency on Aging, Region One.

**Grief & Bereavement**

**SUN CITY WEST**

**Grief Before Loss - Every Wednesday**
2:30PM - 3:30PM at the Benevilla Sun City West Office
13576 W. Camino Del Sol, #22, Sun City West, AZ, 85375
Facilitator: Connie Danks, M.A., with Benevilla.

**Grief & Bereavement - 2nd & 4th Thursday of Every Month**
3:00PM - 4:30PM at the Benevilla Sun City West Office
13576 W. Camino Del Sol, #22, Sun City West, AZ, 85375
Facilitator: Connie Danks, M.A., with Benevilla.

Meet our Support Group Facilitator

Connie Danks, M.A.
Over 25 years experience working with families and caregivers.
Often joined by Tuley Danks

Respite care may be available during select support groups. Please speak to a C.A.R.E.S. Resource Specialist by calling (623) 584-4999 24 hours in advance.

Are you looking for additional support? Ask about our new Life Coaching services.