



# MARCH 2020



## Benevilla®

West Valley LEP 623-979-7126

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Dollar tree Music with Carolyn Bingo Patio Good news talk Card Making	3 Mall Walk & Lunch Arm Chair Travel X-Box bowling Watercolor painting Mindful Memories	4 Clay sculpting Sun Joo Lee-10:30 Octoband Tai Chi with Linda	5 Dairy Queen Cooking Club– Sugar cookies Movement w/Darlene 10 Benepets Movie time	6 Picnic in the park Craft group Audrey's Angels Veteran's Chat Yahtzee
9 Golden Corral lunch Movement w/Darlene 10 Music with Carolyn Creative Arts Horse Shoes	10 Big Lots Pool table outside Bingo Ladder ball Veteran's Chat	11 <b>Member Meeting</b> Beading Bracelet's Arm Chair Travel Forrest Smith 1:30 Tai Chi with Linda	12 Bowling Family History Club HomeSpun 11 Benepets Patio Good news talk	13 Birt's Bistro lunch X-Box bowling Movie time Sewing Club Mindful Memories
16 99Cent Store Music with Carolyn Movie time Veteran's Chat Rock Painting	17 <b>ShamRockin' Party</b> Chair Jig Exercise Irish sing a long Irish trivia Craft Group	18 Royal Cafe Horse Shoes Bingo Tai Chi with Linda Patio Good news talk	19 Ross Bocce ball Movement w/Darlene 10 Arm Chair Travel Mindful Memories	20 Picnic in the park Audrey's Angels Ladder ball Card Making Game of Life
23 Casino& Lunch– Desert Diamond Cooking club– Choc covered pretzels Movement w/Darlene 10 Music with Carolyn Clay sculpting	24 Final Clearance Bocce Ball Movie time Patio Good news talk Card Making	25 Mindful memories Connie and Tuley 11:00 Creative Arts Family History Club	26 Biscuits Cafe Bingo Sewing Club Veteran's Chat Bowling with pins	27 Mall Walk & Lunch Weight Bar workout Ed's Slide Arm Chair Travel Chalk Art
30 <b>Ice Cream Social Party</b> Arm Chair Travel Music with Carolyn	31 WHAM outing Veteran's Chat 10:30 WHAM Volley Ball	<b>Do LESS With MORE</b>		

### ANNOUNCEMENTS

In order to enjoy outings, please send your loved one with enough money to cover the outing they wish to attend.

Wear your green on March 17th!

### DAILY SCHEDULE

8:00 AM—5:00 PM

#### Daily Activities Include:

Exercise	Gardening
Physical Activities	Music
Cognitive Activities	Brain Fitness
Discussion Groups	Reminiscing
Creative Aging	& More!

8:15—9 AM | MORNING SNACK


12 PM | LUNCH

3:00 PM—3:45 PM | AFTERNOON SNACK

"Blessed are those who can give without remembering and take without forgetting".

~Princess Bibesco

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