



Benevilla® Caregiver Support Program

April 2025

Benevilla peer to peer caregiver support groups and educational sessions are free and open to the public. All events listed are being held at our NEW

Benevilla Education Center

at the **Bovard Building**

14601 N. Del Webb Blvd in Sun City

Caregiver Support Groups

Group Name	Group Description	Day and Time
Life During Loss	This group is for those navigating the grief process due to the expected loss of a loved one in the next 12-24 months or have recently lost a loved one in the past 12 months.	Wednesdays 9:30—11:00 am
Rebuilding Life After Loss	This group is for those whose caregiver journey has ended and they are looking for support as they start to build the next phase of their life.	Wednesdays 11:00 am —12:30 pm
General Caregiving Caregiver Support	This group is for caregivers of loved ones with various diagnoses who want to connect with other caregivers for support and encouragement.	Thursdays 9:30—11:00 am

April Education Event

Introduction to Dementia	This 5-part series is designed to provide resources and strategies to confidently face this journey. Each session addresses a critical aspect of understanding and managing dementia.	Every Tuesday in April 9:00—10:30 am
Fall Prevention and Home Safety	Presley Reader from ComForCare will share valuable information on preventing falls and keeping safe in the home.	Thursday April 24, 2025 1:00—2:00 pm

Registration requested for educational events. Visit <https://benevilla.org/education-workshops-2025> for more educational events and to register or call 623-584-4999.

For more information about Benevilla’s caregiver support program and activities, contact Rocio Busby at SupportGroups@benevilla.org or by calling 623-584-4999