



Benevilla® Caregiver Support Program

July 2025

Benevilla peer to peer caregiver support groups and educational sessions are free and open to the public. All events listed are being held at our NEW

Benevilla Education Center

at the Bovard Building

14601 N. Del Webb Blvd. Sun City

Caregiver Support Groups

Group Name	Group Description	Day and Time
Dementia Caregiver Support	This group is for those currently care for a loved one with cognitive impairment from Dementia, traumatic brain injury, or other medical conditions that may have caused memory loss.	Tuesday 9:30-11:00 am
Life During Loss	This group is for those navigating the grief process due to the expected loss of a loved one in the next 12-24 months or have recently lost a loved one in the past 12 months.	Wednesdays 9:30—11:00 am
Rebuilding Life After Loss	This group is for those whose caregiver journey has ended and they are looking for support as they start to build the next phase of their life.	Wednesdays 11:00 am —12:30 pm
General Caregiving Caregiver Support	This group is for caregivers of loved ones with various diagnoses who want to connect with other caregivers for support and encouragement.	Thursdays 9:30—11:00 am

July Education Event

Caregiver Burnout, Isolation and Depression	This class provides essential support and education for caregivers who may be experiencing emotional, physical, and mental strain in their caregiving journey. Participants will learn to identify the signs and symptoms of caregiver burnout, isolation, and depression—common challenges that can impact health and well-being.	Thursday July 17, 2025 8:30—9:30am
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Registration requested for educational events. Visit <https://benevilla.org/education-workshops-2025> for more educational events and to register or call 623-584-4999.

