

MARCH 2026

Mary's Place Life Enrichment Program



Benevilla®

ANNOUNCEMENTS

March Birthdays:

- 03/06– Don S.
- 03/10– Mario D.
- 03/15-Barbara O.
- 03/17– Jerry R.

DAILY SCHEDULE

8:00 AM—4:00 PM

Daily Activities Include:

- Exercise
- Discussion Groups
- Physical Activities
- Creative Aging
- Cognitive Activities
- Gardening
- Music

8:30—9:30AM | MORNING SNACK

12 PM | LUNCH

2:15 PM—3 PM | AFTERNOON SNACK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Morning Stretch Finish the Song Lyrics Pictionary Bocce Ball Rock Painting	3 Audrey Angels 10 Sit n Fit Guess That TV Tune Cornhole Horse Race	4 Wednesday Workout White Board Games 5 Clues: What Tool is it? Axe Throwing Parachute Game	5 Morning Discussion Zumba With Sharon 11 Memory Lane Games Ring Toss Drum Circle 2:20	6 Vitality in Motion 10 Christopher Singers 11 Patio Relaxation Horseshoes Target Practice
9 Fitness Monday Morning Walk Joking around w/ Jeanie Finish the Sports Phrase Music w/ Joe 1:30	10 Walking Club Brain Workouts Ladder Ball Drum Circle 1:30 Bingo!	11 Bucket Toss Memory Lane Games Golf Pictionary Music w/ James 1:30	12 Daily Chronicles Zumba With Sharon 11 Target Practice Music Therapy 1:30 TV Hangman	13 Fitness Friday Noodle Tennis Small Group Activities Music w/ Henry 1:30 Bucket Tic Tac Toe
16 Shoot the Duck Memory Lane Games Chair Hockey Music w/ Ken 11 Patio Relaxation	17 Happy St Patrick's Truth or Blarney Audrey Angels 10 A Wee Bit O' Irish Humor Shamrock Craft Rainbow Balloon Toss	18 Exercise Karaoke Parachute Game Travel Brief: London Music w/ Miss Kitty 1:30	19 Fact or Fiction Zumba with Sharon 11 Golf Give Me Five Drum Circle 2:20	20 Vitality in Motion 10 Daily Chronicles Bean Bag Toss Bingo! Dancing to the 70s
23 Morning Stretch Volleyball Pictionary Bowling Hangman	24 Daily Chronicles Morning Stretch Categories Game Drum Circle 1:30 Memory Lane Games	25 Coffee & Connections Morning Walk Noodle Ball Spring Painting Bingo!	26 Daily Chronicles Zumba with Sharon 11 Pictionary Target Practice Music Therapy 1:30	27 Morning Cardio Sing Along with Jean 11 Word Games Chair Hockey Hand Massages
30 Outside Social Finish the Phrase Balloon Tennis Members Council/ Nurse Talk Categories Game	31 Morning Exercise Bocce Ball Prize Twister Chair Kickball Bingo!			