

# APRIL 2026

## Mary's Place Life Enrichment Program



# Benevilla®

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Hello Spring</i>		1 Walking Club Axe Throwing Chair Hockey Left Right Center Do You Hear what I Hear?	2 Morning Discussion <b>Zumba With Sharon 11</b> Memory Lane Games Mad Libs <b>Exercise w/ Darlene 1</b> <b>Drum Circle 2:20</b>	3 Happy Birthday Rudy M Outing: LAP Easter Activity <b>Vitality in Motion 10</b> Balloon Tennis Horseshoes Target Practice
Exercise Daily Chronicle Patio Darts Dominoes Matching Game	<b>Audrey Angels 10</b> Sit n Fit <b>Drum Circle 1:30</b> Cornhole Balloon Tennis	8 Bucket Toss Memory Lane Games Leek Flower Art Pictionary Table Activities	9 Daily Chronicles <b>Zumba With Sharon 11</b> Target Practice <b>Music Therapy 1:30</b> Black Jack	10 Fitness Friday Noodle Tennis Small Group Activities <b>Music w/ Henry 1:30</b> Bucket Tic Tac Toe
13 Fitness Monday Morning Walk Joking around w/ Jeanie Finish the Sports Phrase <b>Music w/ Joe 1:30</b>	14 Walking Club Brain Workouts Mad Libs Volleyball Bingo!	15 Exercise Karaoke Parachute Game Travel Brief: Chile <b>Music w/ Miss Kitty 1:30</b>	16 Fact or Fiction <b>Zumba with Sharon 11</b> Give Me Five <b>Exercise w/ Darlene 1</b> <b>Drum Circle 2:20</b>	17 <b>Vitality in Motion 10</b> Daily Chronicles Bean Bag Toss Pokeeno Documentary: Our Planet
20 Flower Craft Memory Lane Games Chair Hockey <b>Music w/ Ken 11</b> Patio Relaxation	21 <b>Audrey's Angels 10</b> Morning Stretch Categories Game <b>Drum Circle 1:30</b> Memory Lane Games	22 Rhyme, Rhyme, Rhyme, Wrong Game Noodle Ball Mad Libs Small Group Activities	23 <b>Shirley Temple Day</b> Daily Chronicles <b>Zumba with Sharon 11</b> Pictionary <b>Music Therapy 1:30</b> Shirley Temple Mixer and Movie	24 Morning Cardio <b>Sing Along with Jean 11</b> Word Games Chair Hockey Hand Massages
27 <b>Tell a Story Day</b> Stories Finish the Phrase Balloon Tennis Categories Game Bowling	28 Happy Birthday Larry S Morning Exercise 50s Art <b>Drum Circle 1:30</b> Chair Kickball Hand Massages Hangman	29 Jukebox Match 50s Trivia Bocce Ball 1950s Name that Tune <b>Spring Sock Hop 2-3</b>	30 Happy Birthday Chuck O. Daily Chronicle <b>Zumba w/ Sharon 11</b> Chair Hockey Trivia Members Council/ Nurse Talk	

### ANNOUNCEMENTS

#### March Birthdays:

04/03– Rudy M.  
04/28– Larry S.  
04/30–Chuck O.

### DAILY SCHEDULE

**8:00 AM—4:00 PM**

#### Daily Activities Include:

Exercise	Discussion Groups
Physical Activities	Creative Aging
Cognitive Activities	Gardening
	Music

**8:30—9:30AM | MORNING SNACK**

**12 PM | LUNCH**

**2:15 PM—3 PM | AFTERNOON SNACK**