





# MAY 2026

## Mary's Place Life Enrichment Program



# Benevilla®

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Vitality in Motion 10 Christopher Singers 11 Balloon Tennis Hangman Target Practice
<b>4</b> Exercise Dominoes Larry and the Ukeladies 1:30 Car Race Paper Flowers Craft	<b>5</b> Happy Cinco de Mayo <b>Audrey Angels 10</b> Sit n Fit Sombrero Toss Cinco de Mayo Discussion Salsa Tasting/ Margaritas	<b>6</b> Bucket Toss Memory Lane Games Horseshoes Table Activities <b>Music w/ John 1:30</b>	<b>7</b> Daily Chronicles <b>Zumba With Sharon 11</b> Target Practice <b>Exercise w/ Darlene 1</b> <b>Drum Circle 2:30</b>	<b>8</b> Happy Birthday Larry W. Fitness Friday Noodle Tennis Mother's Day Craft Mothers Day Pampering <b>Music w/ Henry 1:30</b>
<b>11</b> Memory Lane Games <b>Music w/ John 11</b> Hangman <b>Music w/ Joe 1:30</b> Bingo!	<b>12</b> Walking Club Brain Workouts Volleyball <b>Drum Circle 1:30</b> Football Toss	<b>13</b> Exercise Karaoke Parachute Game Travel Brief: Guatemala <b>Music w/ James 1:30</b>	<b>14</b> Exercise Toss Across Give Me Five <b>Music Therapy 1:30</b> Black Jack	<b>15</b> <b>Vitality in Motion 10</b> Daily Chronicles Bean Bag Toss Pokeeno Frisbee Toss
<b>18</b> Memory Lane Games <b>Music w/ Ken 11</b> Toss Across <b>Music w/ John 1:30</b> Members Council/ Nurse Talk	<b>19</b> <b>Audrey's Angels 10</b> Morning Stretch Categories Game Memory Lane Games <b>Outing: The Lakes Grill</b>	<b>20</b> Noodle Ball Axe Throwing Trivia <b>Music w/ Miss Kitty 1:30</b> Small Group Activities	<b>21</b> Daily Chronicles <b>Zumba with Sharon 11</b> Categories <b>Exercise w/ Darlene 1</b> <b>Drum Circle 2:30</b>	<b>22</b> Happy Birthday Robert S. Morning Cardio <b>Sing Along with Jean 11</b> Word Games Chair Hockey Hand Massages
<b>25</b> Closed for Memorial Day Happy B-Day Caterina G. Happy B-Day Thomas G 	<b>26</b> Memorial Day Discussion Chair Kickball Hand Massages The Write Word Game <b>Drum Circle 1:30</b>	<b>27</b> Exercise Daily Chronicles Memory Lane Games Frisbee Toss <b>Music w/ John 1:30</b>	<b>28</b> Trivia <b>Zumba w/ Sharon 11</b> Chair Hockey <b>Music Therapy 1:30</b> Toss Across	<b>29</b> Fitness Friday Football Toss Small Group Activities Target Practice Documentary: Our Planet

### ANNOUNCEMENTS

**May Birthdays:**  
05/02– Emma L. B.  
05/08– Larry W.  
05/22- Robert S.  
05/25– Thomas G.  
05/25– Caterina G.

### DAILY SCHEDULE

**8:00 AM—4:00 PM**

**Daily Activities Include:**

Exercise	Discussion Groups
Physical Activities	Creative Aging
Cognitive Activities	Gardening
	Music

**8:30—9:30AM | MORNING SNACK**

**12 PM | LUNCH**

**2:15 PM—3 PM | AFTERNOON SNACK**