

AUGUST 2026

DAILY SPECIAL EVENTS & ACTIVITIES



Benevilla®

Lucy Anne's Place Life Enrichment Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3. Intergenerational Program Bradley's Bible Study 10am John's Piano Tunes 11am Creative Arts with CARree 11am Pampering Club with Stacy Exercise with Darlene 1pm Jean's Tunes 2pm	4. <u>Outing: Movie Theater \$35</u> Intergenerational Program Drumming Circles 10am Pampering Club with Stacy Chair Zumba With Sharon 11am Creative Arts with Sally Audrey's Angels 1pm	5. Intergenerational Program Exercise Class Pat's Discussion 11am Afternoon Bingo Fun	6. <u>National Root Beer Float Day</u> Linda's Cognitive Enrichment 10am Lord Of Life Singers 11am Creative Arts with CARree 1pm Drumming Circles with Nancy 1pm	7. Happy Friday Intergenerational Yoga 10am Noodleball Bocce ball Fun Memory Lane Games
10. Intergenerational Program Bradley's Bible Study 10am John's Piano Tunes 11am Creative Arts with CARree 11am Pampering Club with Stacy Exercise with Darlene 1pm Jean's Tunes 2pm	11. Intergenerational Program Drumming Circles 10am Pampering Club with Stacy Chair Zumba With Sharon 11am Curt's Guitar Tunes 1pm	12. Intergenerational Program Exercise Class & Walking Pat's Discussion 11am <u>Monthly Birthday Cake Celebration</u> Roy's Musical Memories 1-3pm 	13. <u>Outing: Diary Queen \$15</u> Linda's Cognitive Enrichment 10am Memory Lane Games Creative Arts with CARree 1pm Drumming Circles with Nancy 1pm Snacking with Chef Michael 3pm	14. Happy Friday Exercise & Stretch Morning Word Game <u>Afternoon Tea Party & Cookies</u> Afternoon Table Games
17. Happy Monday Intergenerational Program Bradley's Bible Study 10am John's Piano Tunes 11am Creative Arts with CARree 11am Exercise with Darlene 1pm Jean' & Nancy Tunes 2:30pm	18. <u>Sal's Pals Store 10am-12pm</u> Intergenerational Program Drumming Circles 10am Chair Zumba with Sharon Audrey's Angels 1pm	19. Intergenerational Program Exercise Class & Walking Pat's Discussion 11am Roy's Musical Memories 1-3pm	20. Linda's Cognitive Enrichment 10am Noodle ball Fun Creative Arts with CARree 1pm Drumming Circles with Nancy 1pm Tai Chi with Linda 2pm Snacking with Chef Michael 3pm	21. <u>National Senior Citizens Day</u> Morning Walking Club Intergenerational Yoga 10am Ken's Guitar Tunes 1pm Memory Lane Games
24. Intergenerational Gardening John's Piano Tunes 11am Bradley's Bible Study 10am Creative Arts with CARree 11am Exercise with Darlene 1pm	25. Intergenerational Program <u>Arizona Science Visits 10am</u> Chair Zumba With Sharon 11am Sally's & Kim Creative Art 10am Curt's Guitar Tunes 1pm	26. <u>National Dog Day</u> <u>Bring Picture of your Pet</u> Intergenerational Program Exercise Class Pat's Discussion 11am Afternoon Bingo Fun	27. <u>Outing: Thrift Store \$25</u> Intergenerational Program Linda's Cognitive Enrichment 10am Creative Arts with CARree 1pm Drumming Circles with Nancy 1pm	28. Happy Friday Morning Exercise Class Morning Bingo Roy's Musical Memories 1-3pm
31. Intergenerational Gardening John's Piano Tunes 11am Bradley's Bible Study 10am Creative Arts with CARree 11am Exercise with Darlene 1pm			<u>August Birthday's</u> Sylvia 8/13 Sheran D 8/26 Collen P 8/30 Pat S 8/24	

ANNOUNCEMENTS



DAILY SCHEDULE

8:00 AM—5:00 PM

Daily Activities Include:

Exercise	Cognitive
Physical Activ-	Activities
ities	Discussion

**9:15—10 : 15 AM | MORN-
ING SNACK**

12 PM | LUNCH

2:15 PM—3:15 PM | AFTER-

 AREA AGENCY ON AGING
REGION ONE, INCORPORATED

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