

Benevilla Trusted Resources





Benevilla®

ABOUT BENEVILLA

Founded in 1981 by Sun Cities residents, Benevilla was created to help neighbors support one another as they age. Today, Benevilla offers three day programs for older adults, a preschool and child care program, an adaptive gym, and a wide range of resources for older adults, caregivers, and families. Many services are free or available at a nominal cost.

Benevilla's mission is to promote health and independence while strengthening the well-being of the entire family. Through the generous support of individuals, congregations, service clubs, and corporate partners, Benevilla continues to enrich lives and enhance quality of life for people of all ages—now and for generations to come.

Our Mission: Benevilla. Enriching Lives.

Our Vision: A better quality of life for everyone, at every age.

THE BENEVILLA ENRICHING LIVES NETWORK

At Benevilla, we believe in the power of community collaboration. Built on over 40 years as a trusted pillar in the community, Benevilla has established a trusted network of industry professionals and service providers who share our commitment to enriching the lives of older adults, adults with disabilities, and the families who care for them.

Because our Trusted Resources are vetted to the highest standards, you can feel comfortable knowing you will find the vital support you are looking for across a wide range of needs.

Resource categories include:

- Care Management
- Hospice & Palliative Care
- Fiduciary
- Residential Services
- Legal Services
- Placement Services
- Non-Medical Home Care
- Complementary Services

Can't find the resources you are looking for in this guide?

Contact a CARES Resource Coordinator at (623) 526-4404 or CARES@benevilla.org.

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Care Management

A geriatric care management agency can assist with finding resources, making decisions, and managing stress. A Care Management Team will conduct an initial assessment to identify the needs of both the senior and the family caregivers. In doing so, this helps seniors maintain physical functionality and their right to self-independence. A geriatric care manager may be a social worker, nurse, gerontologist, counselor, or other professional. Some of the services a care manager may provide include:

- Care Plan
- Resource Referral Services
- Ongoing support for families and caregivers

PARTNERING AGENCIES

Geriatric Resources, LLC

Serving Northwest Phoenix—including Glendale, Peoria, Surprise, Sun City, Sun City West, and Litchfield Park—since 2009, Geriatric Resources, LLC provides expert, compassionate support for older adults and their families. Their experienced team includes Certified Geriatric Care Managers, a Master of Social Work (MSW), and a Licensed Practical Nurse (LPN). They approach every client with the same care they would want for their own loved ones—because for them, this work is personal. They also offer Thoughtful Engagement®, a one-on-one activity program designed to bring joy, connection, and meaningful interaction to seniors, regardless of health challenges. Let Geriatric Resources help you navigate aging with dignity, support, and peace of mind.

(623) 776-3098

info@geriatricresourcesaz.com

www.geriatricresourcesaz.com



Arizona Care Management Solutions

At Arizona Care Management Solutions, we fill the gap often missing in senior care: true, meaningful relationships. As your concierge advocates, we serve as the "boots on the ground" for overwhelmed families, providing a steady hand through life's most difficult transitions. Whether advocating at a hospital bedside or simply helping a neighbor in need, our ICARE values guide the way. We don't just manage care; we walk alongside you, bringing dignity, direction, and heart.

Arizona Care Management Solutions

Bonnie Shimko

(928) 300-0172

Office@azcaremanagement.com

www.azcaremanagement.com



The Journey of Aging Well

Benevilla Bridges Program

Benevilla Bridges is an enrollment-based program that provides limited volunteer support to qualifying low-income older adults who need assistance to remain living safely and independently in their own homes. Services are based on eligibility and volunteer availability.



Volunteers Assist With:

- Rides to Medical Appointments
- Transportation and Assistance with Grocery Shopping
- Friendly Visitor & Phone Pals



Benevilla®
— Bridges —



Benevilla Bridges
(623) 526-4404 | TTY 711 | Benevilla.org

Fiduciary

Professional financial and decision-making support for individuals who need assistance managing personal affairs, ensuring responsible oversight, protection of assets, and peace of mind for families.

PARTNERING AGENCIES

Professional Community Services Inc.

Serving the community since 1986, Professional Community Services, Inc. is a licensed private fiduciary and case management company dedicated to meeting individualized care needs. Our fiduciary services include guardianship and conservatorship, medical, financial, and mental health powers of attorney, personal representative services for estates, and trust management and administration.

Our case management services include health care representation, advocacy, and additional assistance tailored to each client's unique circumstances.

We strive to make a meaningful impact on everyone we serve, helping individuals maintain their independence, dignity, and autonomy.

PO Box 1413

Sun City, AZ 85372

(623) 974-4994

(480) 572-0183 fax

Info@pcsfiduciary.com

www.pcsfiduciary.com

Arizona Supreme Court: License No.21030





NORTHSTAR

MEMORY CARE NAVIGATION

YOUR LOCAL MEMORY
CARE EXPERT

The Valley's only
placement service
specializing in memory
care navigation

When memory changes affect
a loved one, you don't have to
face it alone. NorthStar offers
expert guidance, trusted
resources, and personalized
support, so you can make
confident, compassionate
decisions with clarity.



Jamie Bond
Certified Dementia Practitioner,
Memory Care Advisor

Contact us today:
602.492.4532
NORTHSTARMCN.COM



*Named Top Senior Living
Advisory Services 2025*

Hospice and Palliative Care

Hospice care agencies provide comprehensive care for terminally ill patients, focusing on comfort, pain management, and quality of life rather than curative treatment. These agencies assemble a team of nurses, doctors, social workers, and other professionals to deliver holistic support, which includes physical, emotional, and spiritual care for both the patient and their family, often in the patient's own home. Some services may include:

- Focus on Comfort
- Team-Based Approach
- Symptom Management

PARTNERING AGENCIES

Bliss Hospice

Bliss Hospice provides compassionate, individualized end of life care focused on comfort, dignity, and patient choice. Our experienced team supports patients and families at home with medical care, guidance, and advocacy when it matters most. Your Life. Your Care. Our Focus.

Desiree Ball
2550 W Union Hills Dr, 350-366
Phoenix, AZ 85027
(602) 492-1643
contact@blisshospice.com
www.blisshospice.com





THE FOUNTAIN OF *you*.

This is more than a place to live,
it's a place to come alive.

SENIOR LIVING, *redefined*.

Call to book a personal tour
or visit the events page
on our website.

THE HERITAGE TRADITION

19303 N. New Tradition Road • Sun City West

623.223.7512

*TheHeritage*TRADITION.COM



AN SRG SENIOR LIVING COMMUNITY



Benevilla Free Education Workshops

Empowering workshops
with trusted information and
practical resources. Expert
speakers cover senior care,
caregiving, legal and financial
planning, and more—
providing tools that promote
well-being, independence,
and peace of mind.



Visit our website for details
and current workshops.



Benevilla®



Benevilla Education Center
14601 N Del Webb Blvd, Sun City, AZ 85351
(623) 526-4404 | TTY 711 | **Benevilla.org**



PERSON-CENTERED MEMORY CARE

16465 N. Parkview Place | Surprise, AZ 85374

We offer dedicated memory care customized for your loved one, providing peace of mind for the entire family.

Your loved one could flourish in our safe, secure surroundings.

**CALL TO ARRANGE A
PERSONAL CONSULTATION.
602-922-6020.**

Memory Care
mosaicgardensmc.com



Hospice of the Valley

For nearly 50 years, Hospice of the Valley has brought comfort, dignity and compassionate care to our community. As Maricopa County's only nonprofit hospice, the agency cares for all in need. Skilled clinical teams meet patients' physical, emotional and spiritual needs through holistic, innovative programs — including in-home primary care, chronic illness support, care for all stages of dementia and hospice services. Patients are supported 24/7 at home or wherever they reside. Nine inpatient homes are available for acute needs. Nationally ranked among the top three hospices with a 99% recommendation score.

(602) 530-6920
www.hov.org



Hospice of the West and Palliative Pathways

Hospice of the West provides compassionate end-of-life care tailored to patients' and families' needs at HOME wherever that may be. With years of operational experience, Hospice of the West has established a reputation for ensuring comfort and dignity to maximize your quality of life, emphasizing care through a dedicated team of healthcare professionals. It's never TOO SOON to call to learn more about the hospice benefit or palliative services.

21410 North 19th Avenue #100
Phoenix, AZ 85027
(602) 576-1229 or (602) 343-6422
sylviabutler@hospicewestaz.com
www.hospicewestaz.com



Mountain View Hospice

Mountain View Hospice stands apart as a locally owned, nurse-operated hospice focused on truly personal care — not corporate medicine. Our experienced team answers the phone 24/7, provides consistent RN-led support, and builds real relationships with patients, caregivers, and facilities throughout the West Valley. Beyond hospice care, we are deeply invested in the community through dementia education, Memory Cafés, caregiver support, and senior advocacy. Families choose Mountain View Hospice for compassionate guidance, rapid response, and a hometown team that treats every patient like family. Call 623-230-3698 for a free hospice evaluation.

8263 W Thunderbird Rd #120

Peoria, Az 85381

(623) 230-3698

jaime.ryum@mountainview-hospice.com

www.mountainviewhospice.com



"There are only four kinds of people in the world: Those who have been caregivers. Those who are currently caregivers. Those who will be caregivers, and those who will need a caregiver."

– Rosalyn Carter

Benevilla Life Enrichment Adult Day Programs



**Mention this guide
and receive a one week
free trial.**

Benevilla Life Enrichment Adult Day Programs provide a supportive, engaging environment for individuals with Mild Cognitive Impairment (MCI), those in the early to later stages of Alzheimer and related dementia. We also welcome individuals with Parkinson's disease, those with stroke recovery needs, and adults with developmental disabilities. Members experience independence, a sense of belonging, and meaningful friendships through activities that promote physical, mental, and social engagement, while caregivers receive vital respite.



Benevilla®



3 LOCATIONS

Surprise | Sun City | Peoria

(623) 526-4404 | TTY 711 | Benevilla.org

Personalized Pharmacy Care—Delivered With Compassion

Managing medications shouldn't be stressful.

At **Billet Pharmacy**, we make it easier for seniors and families to stay healthy with personalized pharmacy services designed around your needs.

Why Choose Billet Pharmacy?

More Support. Less Hassle.



Convenient Home Delivery

No standing in lines. No extra trips. Medications delivered safely and on time.



Medication Synchronization

We align your prescriptions so they refill together. Fewer bottles, fewer trips, fewer worries.



Refill Management

We track refills for you and help prevent missed doses or delays.



Personalized, Human Support

Speak with a real pharmacist who knows you, not a rushed retail counter.



Provider Coordination

We work directly with your doctors and care providers to ensure accuracy and continuity of care.

Billet Pharmacy	VS	Retail Pharmacy
✓ Home delivery		✗ In-store pickup
✓ Personalized care		✗ High-volume service
✓ Proactive refill management		✗ Patient-managed refills
✓ Senior-focused support		✗ One-size-fits-all
✓ Care team coordination		✗ Limited follow-up

Let Us Take Care of the Details

So you can focus on what matters most—your health and peace of mind.



P: 833-2-BILLET (224-5538)
F: 833-4-BILLET (424-5538)



www.billethealth.com

 info@billethealth.com

Elder Law

Elder law is an area of law that focuses on the legal needs of the elderly. These needs generally include retirement planning, life insurance, medical costs, and estate planning. Attorneys who specialize in elder law usually have expertise in matters related, but not limited to:

- Assistance with Wills and Trusts
- Long-Term Care Planning and Medicaid
- Assistance with Power of Attorney (POA) documents
- Understanding of Guardianships
- Veteran's Benefits

PARTNERING AGENCIES

Johnson & Ashworth P.L.L.C.

Johnson & Ashworth, P.L.L.C. has been focused on estate planning and elder law since 2006. They provide legal services that allow their clients to maintain their dignity and independence while preparing for the future. The firm provides wills, trusts, probate, trust administration, Medicaid and long-term care planning, elder law, guardianships/conservatorships, powers of attorney, LLC/corporation formation, and veteran's benefits for pension/aid and attendance. Johnson & Ashworth, P.L.L.C. combines compassionate and affordable legal services with a stellar client experience—a memorable combination!

10320 West McDowell Road, Bldg. D
Avondale, AZ 85392
(623) 505-3903
info@johnsonestatelaw.com
www.johnsonestatelaw.com





Mountain View Hospice

Don't Navigate This Journey Alone.

Why Families Choose Mountain View Hospice

- ✓ Nurse-Owned & Operated
- ✓ Local West Valley Team
- ✓ 5-Star Google Rated
- ✓ Real People Answer The Phone 24/7
- ✓ Community Focused
- ✓ Dementia & Caregiver Education Leaders
- ✓ Personalized Compassionate Care



Hospice Is Not Giving Up

Hospice focuses on comfort, dignity, quality of life, and support for both patients and families.

Providing comfort, dignity,
and guidance when
families need it most.



*FREE Hospice Evaluations
No Obligation Conversations*

**Call us at (623) 230-3698
MountainViewHospice.com**

Lihn Law Group

Lihn Law Group is an elder law and estate planning law firm that walks alongside families during some of life's most emotional and uncertain moments—when aging, illness, or disability changes everything. Our team, which includes a certified elder law attorney, a licensed social worker, and certified dementia practitioners help families feel less overwhelmed and more supported through thoughtful estate planning, long-term care planning, life care planning, special needs planning, and probate administration. Beyond legal planning, we coordinate care and advocate for loved ones so families aren't left navigating complex decisions alone. Families come to us anxious and unsure—and leave with clarity, support, and peace of mind.

Caleb Lihn
16165 North 83rd Avenue, Suite 120
Peoria, Arizona 85382
(602) 887-5031
info@lihnlawgroup.com
www.lihnlawgroup.com



"They may forget what you said, but they will
never forget how you made them feel."

– **Carl W. Buechner**

YOUR JOURNEY HOME STARTS HERE

Recovering from illness or injury? PAM Health is the first step on the journey to recovery. Our inpatient and outpatient therapy programs are customized to help patients reach their goals so they can return to the people and activities they most enjoy.



**Average rating
of 4.8 out of 5 on Google***



**from 550 total reviews as of February 3, 2026*

Specialized programs include:

- Brain injury and neurological conditions
- Spinal cord injury
- Parkinson's disease
- Respiratory failure
- Amputee care
- Post-surgery recovery
- Workers' compensation
- Wounds
- Stroke
- And more!



**PAM HEALTH
REHABILITATION HOSPITAL
OF SURPRISE**

**13060 West Bell Road
Surprise, AZ 85378
Admissions Phone: 623-499-9107
Fax: 623-499-9147
Outpatient Phone: 623-265-6259
Fax: 623-267-3940**

www.PAMHealth.com

Non-Medical Home Care

Home Care Services provide non-medical support in a client's home, helping individuals remain safe, comfortable, and independent. Caregivers offer personalized assistance with daily activities, companionship, and peace of mind for both clients and families. A customized service plan is created during an in-home assessment and adjusted as needs change. Services may include:

- Companionship and social engagement
- Personal care and hygiene assistance
- Medication reminders
- Meal preparation tailored to dietary needs
- Fall prevention and mobility support
- Transportation to appointments and errands
- Light housekeeping and laundry
- Respite care for family caregivers

PARTNERING AGENCIES

Adultcare Assistance Homecare

Adultcare Assistance Homecare is a private, family-owned company that has proudly provided quality home care services in the Northwest Valley for over 30 years. We offer personalized custodial home care and professional care management designed to support seniors and families with dignity and compassion. Our services are available through private pay, Long-Term Care insurance, and VA benefits. The foundation of everything we do is our three core values: HEART, ADVOCACY, and POSITIVE IMPACT, guiding us to deliver trusted, relationship-driven care.

Mary Doyle, CDP
Vice President - Operations
mary@adultcareassistance.com
(623) 977-2223
www.AdultcareAssistance.com





AGING IN PLACE, WITH CARE THAT COMES TO YOU

Homestead Health is a 501(c)(3) nonprofit dedicated to helping people live comfortably and safely at home. Our mobile medical team, which includes Nurse Practitioners, Registered Nurses, and Social Workers, delivers personalized, high-quality care right to your door. We focus on supporting your independence, dignity, and overall quality of life.

*Homestead
offers programs
designed to help
you age in place.*

PRIMARY CARE

Comprehensive, ongoing healthcare without the trip to the clinic. Our team provides checkups, chronic condition management, and preventive care in the comfort of your home.



SUPPORT OUR MISSION

As a non-profit, every gift, large or small, helps ensure we can continue serving patients today and expand our services for the future.

Your generosity helps us provide care to patients who need it most. Donations directly support medical visits, social services, and programs that enable people to receive compassionate, high-quality care in their own homes.

CONCIERGE MEDICINE

Enhanced access to your provider, personalized attention, and care tailored to your schedule and preferences.

PALLIATIVE CARE

Specialized support from our medical and social work team to ease symptoms, provide comfort, and improve quality of life for those living with serious illness.

TRANSITIONAL CARE

Helping you recover safely after a hospital stay with follow-up visits, medication support, and care coordination—all from our experienced home-based care team.

GERIATRIC CARE MANAGEMENT

Guidance and advocacy from our healthcare and social services team to help seniors and families navigate medical, social, and care needs with confidence.



**MAKE A
DIFFERENCE:**

Visit www.homesteadhealth.org
or call 602-755-4508

Be Well In-Home Care

At Be Well In-Home Care, they believe that aging with dignity and independence is not only possible—it's what every senior deserves. Proudly serving Sun City and the surrounding areas, their mission is to provide compassionate, reliable, and personalized non-medical in-home care that helps our clients thrive in the comfort of their own homes.

(623) 748-3301
17225 W. Monarch Way
Surprise, AZ 85387
angie@bewellinhomecare.com
www.bewellinhomecare.com



**Be Well In-
Home Care**

ComForCare Home Care

You've seen the signs: Mom's a little more forgetful, Dad's starting to repeat himself a lot. You're starting to wonder if daily tasks are getting to be too much. With ComForCare, you no longer need to worry about leaving your loved one alone. Their professional caregivers will be there to provide your loved one with the support they need. Whether it's helping with chores, providing medication reminders, or meal assistance, ComForCare gives you the freedom to focus on spending quality time with your family members and loved ones.

8715 W Union Hills Dr, Suite 101
Peoria, AZ 85382
(623) 934-2722
mburlend@comforcare.com
www.comforcare.com/arizona/northwest-valley



Good Neighbor Support Services

Good Neighbor Support Services is a locally owned in-home care provider that has been serving families across Arizona for 25 years. We focus on non-medical in-home care and support, proudly assisting individuals eligible through ALTCS and DDD. Our goal is to help members and their families stay safe, independent, and comfortable in their own homes.

Serina Valdez or Justin Aranda
(623) 932-4878
15655 W Roosevelt St, Suite 213
Goodyear, AZ 85338
svaldez@gncares.com
jaranda@gncares.com



Home Instead

Older adults deserve the choice to live safely, comfortably, and meaningfully at home. Founded more than 30 years ago, Home Instead provides personalized, relationship-based in-home care that supports aging adults and their families. Dementia training is endorsed by the Alzheimer's Association, and care is delivered to the highest ethical standards. Services include companionship, personal care, meal support, Alzheimer's and dementia care, chronic condition support, and hospice assistance. Care is provided by thoroughly screened, highly trained Care Pros, available from a few hours a week to 24/7 coverage, easing the burden on family caregivers.

15003 W. Bell Road, Ste. 125
Surprise, AZ 85374
(623) 223-9215
SurpriseAZ@homeinstead.com
www.homeinstead.com

14621 N Del Webb Blvd
Sun City, AZ 85351
(623) 499-3290
Jason.Fish@homeinstead.com
www.homeinstead.com



Visiting Angels

Visiting Angels is a local, family-owned home care agency dedicated to helping seniors remain safe, comfortable, and independent in their own homes. With deep roots in our community, we provide personalized non-medical care, companionship, and specialized dementia support delivered by compassionate, trained caregivers. Our team is available 24/7 to bring care and solutions directly into the home. Through strong community partnerships and extensive resources, we connect families with additional support services when needed, ensuring continuity of care and peace of mind.

Jane Keys
18301 N 79th Ave suite H194
Glendale, AZ 85308
(602) 432-4143
janekeys@visitingangels.com
www.visitingangels.com/glendaleaz



Become a Benevilla Volunteer

Benevilla offers a variety of meaningful opportunities to make a real difference while also building lasting relationships that enrich your life and the lives of others.



“People helping people,
supporting neighbors and friends.”

Visit our website for details.



Benevilla®



To learn more call our Volunteer Services
Department or visit our website
(623) 584-4999 | TTY 711 | **Benevilla.org**

Placement Services

A Placement Senior Advisor can be helpful when the time comes to transition a loved one from the home or to look for a senior living community. A Placement Senior Advisor can help lessen research time by conducting an assessment to determine your needs, level of care, desired amenities and financial abilities. They then recommend the best community or residential group home for you to tour. Placement Services Agency is not owned by or affiliated with the community facilities that they recommend. Service is offered at no charge.

Services may include but are not limited to:

- **Assessment** – A personalized evaluation to understand needs, preferences, and the best community fit.
- **Tours** – Coordination and accompaniment on community tours with the individual and family.
- **Questions** – Guidance in asking the right questions to gather essential information.
- **Qualifications** – Review of programs that may help offset the cost of services.
- **Decisions** – Assistance negotiating fees and monthly costs within budget.
- **Every Step** – Ongoing support throughout the entire placement process.
- **No Obligation** – No pressure to move if senior living is not the right choice.
- **Getting Settled In** – Follow-up support after the move to address concerns and ensure satisfaction.

PARTNERING AGENCIES

Assisted Living Locators

Owned and operated by Lori Sears, RN, for over 8 years. They are local and have extensive knowledge of all senior living options available: Independent, Assisted, Memory Care and smaller residential/group homes. They tour and screen all senior living homes & communities in the area and are well versed on the services they provide, their pricing and the benefits of one community or home over another based on your care needs and budget. Assisted Living Locators is a no-cost service and can make a difficult decision less stressful.

Lori Sears

(623) 703-5326

lsears@assistedlivinglocators.com

www.assistedlivinglocators.com/westvalley



Gentle Hearts Living Solutions

Where compassion meets expertise. Gentle Hearts Living Solutions empowers families to confidently navigate senior living placement, and ensure a smooth and supportive transition experience for every client. Owned and operated by registered nurses, they are dedicated to walking alongside families during one of life's most important transitions. Our work is grounded in clinical insight, a deep commitment to dignity, and a heartfelt mission to ensure no one navigates this journey alone.

Kari McLeod, CDP SHSS,

Senior Placement Specialist

10503 W Thunderbird Blvd #101a

Sun City, AZ 85351

(623) 302-3871

kari@ghls.care

www.gentleheartslivingsolutions.com





Brought to you by TruBlue Home Service Ally of Phoenix, powered by Poriforce.

Silver Shield

Non-intrusive fall detection technology that keeps families connected and gives peace of mind that loved ones are safe.

**Starting at \$149
per month**

- Includes three sensors for full coverage.
- Ongoing monitoring support.
- App access to keep families and caregivers connected.

*One-time installation fee of \$79 not included



No cameras or wearables, designed to respect privacy and independence.

Powered by privacy-first mmWave RADAR technology and superior AI algorithms, Silver Shield works quietly in the background to provide accurate protection without cameras or wearables.

Best in Class Fall Detection

Help when it matters most. Silver Shield automatically detects falls and sends alerts right away, even if the person can't call for help. Families and caregivers stay informed without constant checking, helping reduce long, unnoticed emergencies.

No cameras. No wearables. No worries.

Privacy always comes first. Silver Shield never uses cameras, microphones, or wearable devices. It collects motion data only, allowing people to live freely and confidently at home without feeling watched or monitored.

Easy to set up. Easy to trust.

Plug-and-play simplicity. Silver Shield installs in minutes with a simple, guided app setup. Once activated, it works automatically—no buttons to press, no devices to manage, and no ongoing effort required.

Advanced Habit Tracking

Early awareness, not surveillance. Silver Shield gently learns daily routines and movement patterns to spot meaningful changes over time. These early insights help families and caregivers notice potential concerns sooner and take action before small issues become serious.

Unparalleled range

Quiet coverage you don't notice. Installed discreetly in the corner of a room, Silver Shield provides full-room coverage without blind spots. Protection stays active in the background, without interfering with daily life.



602-818-8566

trubluephoenix.com/home

phx@trublueally.com

NorthStar Memory Care Navigation

As the Valley’s only placement service dedicated exclusively to dementia care, NorthStar Memory Care Navigation offers compassionate, personalized guidance for families navigating the memory care journey. Our goal is to help create the highest possible quality of life for your loved one. With deep local knowledge and trusted relationships, we serve as thoughtful advocates during an emotional transition. We focus on educating, supporting, and empowering families at every step; so you can make informed, confident decisions with clarity, dignity, and peace of mind.

Jamie Bond
(602) 492-4532
info@northstarmcn.com
www.northstarmcn.com



Care management that feels like family.

When the "what's next" feels like too much to carry, we're here to hold the weight with you. We specialize in **navigating the complexities of aging** with a gentle, expert touch. From **concierge medical advocacy** to **long-term planning**, we provide the **steady hand** and **compassionate heart** your family deserves.

Start the conversation today at azcaremanagement.com 928.300.0172

Senior Living Options

A range of community-based housing and care solutions offering varying levels of support, from independent and assisted living with social engagement to skilled nursing and memory care for individuals needing rehabilitation, long-term medical support, or dementia-related care, all focused on safety, dignity, comfort, and quality of life.

- Independent Living
- Assisted Living
- Memory Care

PARTNERING AGENCIES

The Heritage Tradition

Enjoy an enriched approach to independent living that is far more than just a 'senior apartment,' this is independent living on another level—an abundance of opportunities for social connections, cultural, educational, recreational, and wellness activities, and the comforts and conveniences that simplify life. Amenities like those you might find in a favorite vacation destination, from fine cuisine to fitness, to housekeeping and transportation services, offer everyday indulgence and ease. Flourishing, in the truest sense of the word. What if you need some extra support at some point? That's where our unique approach to assisted living comes into play.

19303 New Tradition Road

Sun City West, AZ 85375

(623) 546-9500

Karen.Ashfield@srg-llc.com

www.srgseniorliving.com/communities/sun-city-az-heritage-tradition

The Heritage
TRADITION
AN SRG SENIOR LIVING COMMUNITY

Immanuel Campus of Care

Immanuel Campus of Care is a mission-driven, non-profit organization dedicated to providing safe, stable and secure affordable housing and comprehensive care for seniors. The campus offers a full continuum of services, including Independent Living, Assisted Living, Memory Care, and Skilled Nursing. Renowned for its Long-Term Care and specialized Behavioral Health Skilled Nursing Facility (SNF), Immanuel also provides on-site access to a licensed professional counselor, ensuring emotional and mental well-being support for all residents.

11301 N. 99th Ave
Peoria, AZ 85345
(623) 977-8373
Admissions@immanuelcares.com
www.immanuelcares.com



A SMALL BUT MIGHTY ESTATE AND ELDER
LAW FIRM SUPPORTING ARIZONA FAMILIES
THROUGH LIFE'S TRANSITIONS

**COMPASSIONATE
ADVOCACY****UNMATCHED
EXPERTISE****TAILORED
SOLUTIONS**

WHO WE ARE?

When aging, disability, or a health crisis creates uncertainty, families need a clear plan. Lihn Law group guides families through legal, medical, financial, and practical decisions with expertise and compassion - offering personalized elder law and life care planning that protects loved ones, preserves autonomy and assets, and brings clarity and peace of mind for the future.

WHAT WE DO?

- Life Care Planning
 - where legal counsel meets care support
- Estate Planning
- Disability and Special Needs Planning
- Elder Law
- Probate/Trust Litigation
- Probate/Trust Administration

602-887-5031 **WWW.LIHNLAWGROUP.COM**

Mosaic Gardens Memory Care at Surprise

Mosaic Gardens Memory Care at Surprise offers a warm, secure community where your loved one can truly flourish. Our compassionate team supports the whole family, providing thoughtful activities, private residences, and enriching amenities. Through our unique THRIVE Montessori by Mosaic program, we shift from doing for to doing with, fostering purpose, independence, and dignity. Here, every individual is seen, heard, and valued, empowered to engage meaningfully and experience daily moments of joy, connection, and belonging within a nurturing environment built on respect and compassion. Come see us in person or call to learn more.

16465 N Parkview Place

Surprise, AZ 85374

Lea Speake

602-922-6020

sales1@mosaicgardenssurprise.com

mosaicms.com/community/mosaic-gardens-memory-care-at-surprise



Rock Creek Memory Care

Rock Creek's purpose-built specialized community with memory stimulating environments and personalized care model reconnect your loved ones to their cherished memories—helping to create a deep sense of purpose for them. Memory loss manifests itself differently in each person and they recognize the challenges faced. This specialized Senior Living community, Rock Creek at the Park, is equipped to serve the specific needs of those experiencing Alzheimer's, Dementia, and other forms of memory loss. Including a highly experienced team of dementia care specialists in every department including 24-hour on-site nursing.

14552 W Parkwood Dr.

Surprise, AZ 85374

(623) 214-0100

rockcreeded@koelschsenior.com

www.koelschseniorcommunities.com





Hospice Care



2550 W Union Hills Dr., 350-366
Phoenix, AZ 85027-5163



602-492-1643



admin@blisshospice.com

Our Services

Finding out about your loved one's terminal illness can be overwhelming for you and the whole family. We at Bliss Hospice understand the weight you have to carry upon knowing this. That is why we offer compassionate, comprehensive services to cater to your unique needs.

HOSPICE & PALLIATIVE CARE

Respite Care / Inpatient Care / Continuous Care

Spiritual Support

Bereavement Program

Our Team

Our team is composed of well-trained individuals who have undergone thorough background checks, assessments, validations, and evaluations to ensure their eligibility to care for our hospice patients.

- Nurses
- Hospice Aides
- Volunteers
- Chaplains
- Social Workers

What Makes Us Different

- Staff have small caseloads and autonomy to do what is needed for the patient.
- Nurses and aides see patients multiple times per week and the team is consistent
- Transport patients from facilities to home
- Cover all necessary medications
- Not stingy with medical supplies
- Advocate for patient wishes
- Nutritional support



Sun Health Communities

Sun Health Communities offers a vibrant, carefree lifestyle across four Life Plan Communities: Freedom Plaza, Grandview Terrace, La Loma Village, and The Colonnade with amenities, clubs, and activities at every pace. Prefer to age in place? Sun Health at Home brings coordinated support and wellness to you in the comfort of your home.

14719 W. Grand Ave

Surprise, AZ 85374

Kathleen Frederick

(623) 332-7776

kathleen.frederick@sunhealth.org

sunhealthcommunities.org



Benefitness Adaptive Gym

- Group Classes
- Individual Sessions
- Rock Steady Boxing
- Beneboxing
- InBody Analysis
- Nutrition Coaching
- Smart Tech
- Assisted Stretch
- Essential Oil Sessions

We now offer online training and classes.



Mention this guide and receive a free BIA Scan, (Bioimpedance Analysis) to gain key insights on body composition and risk factors.

Personalized fitness and wellness support for individuals 12+ of all abilities.



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Surprise, AZ 85378

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home instead.

The care you need in the home you *love*.

Home Instead provides professional in-home caregiving services for your loved one as they age, delivered with comfort, safety, and transparency.



Surprise, AZ

(623) 223-9215



Sun City, AZ

(623) 499-3290

homeinstead.com

Complementary Services

Trusted community partners whose services support older adults, caregivers, and families but may not fit within a single service category, offering valuable resources that enhance independence, wellbeing, and quality of life.

PARTNERING AGENCIES

Billet Health

Billet Health is a vertically-integrated collection of post-acute provider services that has redefined the healthcare continuum with an innovative approach to health care—convenience. By focusing on the home setting, they have reduced the barriers that make seeking quality health care difficult. This coordinated effort to medical care means better outcomes for the patient.

6710 N. 47th Ave, Glendale, AZ 85301

(833) 224-5538

rosebillethealth@gmail.com

www.billethealth.com



Billet Pharmacy

Billet Pharmacy ensures you receive the medications you need—when and where you need them. Our licensed clinical pharmacists simplify prescription management, provide after-hours support, and offer delivery or shipping for convenience and safety. We review drug therapies to prevent duplication, reduce unnecessary costs, and protect your health. With tracked delivery, automatic refills, and emergency dispensing options, you'll never run out unexpectedly. Patients can access knowledgeable pharmacists without long hold times, whether at home, hospice, assisted living, or a group residence.

Alvaro Garcia Alvarez, Pharmacy Manager

(833) 224-5538

aalvarezgarcia@billetpharmacy.com

www.billethealth.com



CenterWell Senior Primary Care

CenterWell Senior Primary Care provides personalized healthcare for older adults, with a focus on prevention, wellness, and chronic condition management. Our coordinated care teams integrate medical, behavioral, and social support to help patients stay healthier, reduce hospital visits, and enjoy a better quality of life. Compassionate, senior-focused care puts your well-being first.

Gabby Turner
Gturner11@centerwell.com
602-321-9345



TRUST OUR EXPERTS TO HELP YOUR FAMILY

With over 25 years of Eldercare experience, our nationwide company provides seniors and their families with expert advice on long-term and senior housing

In-Depth Assessment of Your Needs

Thoughtful Analysis and Recommendations

Assisted Selected Process In Your Area

Facilitated Transition Support



AssistedLiving Locators

- WEST VALLEY -



Lori Sears, RN

Locally Owned & Operated By A Registered Nurse Covering The West Valley
Matchmaking Seniors with Caring Providers for Over a Decade
623-703-5326
www.surprise.assistedlivinglocators.com • www.glendale.assistedlivinglocators.com

Homestead Health

Aging in Place, with care that comes to you. Homestead Health is a 501(c)(3) nonprofit dedicated to helping people live comfortably and safely at home. Our mobile medical team, which includes Nurse Practitioners, Registered Nurses, and Social Workers, delivers personalized, high-quality care right to your door. We focus on supporting your independence, dignity, and overall quality of life.

Chris Pfund
(602) 755-4508
contact@homesteadhealth.org
www.homesteadhealth.org



PAM Health Rehabilitation Hospital of Surprise

The PAM Health Rehabilitation Hospital provides intensive, personalized programs of daily physician supervision, 24-hour nursing care, and therapy to help patients recover strength and independence after serious illness or injury. PAM provides specialized care with a focus on rehabilitation by an interdisciplinary team of physicians, nurses, therapists, and other medical professionals.

13060 W. Bell Rd
Surprise, AZ 85378
(480) 340-9436
mhines@pamrehab.com
www.pamhealth.com





Senior living support that puts you first.

Where compassion meets expertise.

Who We Are

Founded by two registered nurses, Gentle Hearts offers personalized senior placement services across Idaho and Arizona. We take time to understand your needs, then connect you with trusted local communities for respite or long-term care. Our work is grounded in clinical insight, a deep commitment to dignity, and a heartfelt mission to ensure no one navigates this journey alone.

Who Can We Support

We support individuals, families, and caregivers at every stage of the senior care journey. Whether you're planning ahead, facing a sudden need, or exploring options for yourself or someone you love, we're here to help you navigate every step of the way.

Need help finding the right care? Start the conversation today.



How We Help



Accurate, tailored assessments.

We start with a personal assessment to match your health, lifestyle, and needs to the right care solution.



Curated care solutions.

We provide personalized recommendations and vetted options, backed by local insight and trusted partners.



Comprehensive guided tours.

Tour communities with your Care Team for first-hand insight into care quality, staff, and environment.



Seamless transition support.

We are here to provide emotional support, guidance, and resources to ease the transition to senior living.



Continued care after move-in.

We stay connected after move-in to ensure your comfort, safety, and evolving needs are supported.



Contact Kari McLeod, CDP, SHSS

Mobile: (623) 302-3871

Office: (623) 304-6982

Fax: (623) 455-4166

kari@ghls.care

www.ghls.care

10503 W Thunderbird Blvd

Suite 101A, Sun City, AZ 85351

"Kari is an amazing resource and partner in finding care for my dad. She listens and is vested in the families she supports, and follows up after placement to ensure it's a good fit for your family member. I would highly recommend her and Gentle Hearts for any support you need, whether it be placement of your loved one or in-home care."

Reavanti

Moving later in life can feel overwhelming. Reavanti LLC helps older adults and their families navigate downsizing and relocation with less stress, more confidence, and compassionate support every step of the way. From deciding what to keep to settling comfortably into a new home, our team handles the details so clients can focus on their next chapter.

Zachary Gariti, Owner
480-742-1010
zachary@reavanti.com



TruBlue Home Service Ally

TruBlue Home Service Ally of Phoenix is your dependable partner for safer, accessible homes. We specialize in aging-in-place upgrades such as ADA showers, ramps, anti-slip flooring, and maintenance so seniors, veterans, and people with disabilities can move with confidence and reduce fall risks. Our caring team listens first, completes thoughtful assessments, and delivers workmanship you can trust. We're not just fixing houses; we're helping people stay independent, comfortable, and dignified where they belong. From repairs to upgrades, we always treat your home like our own.

Drew Seifried
Personal: (480) 714-1977
Company: (602) 818-8566
1819 E Morten Ave #170
Phoenix, AZ 85020
phx@trublueally.com
www.trublueally.com/east-phoenix-north-scottsdale



COMING SOON



*A vibrant community where
older adults thrive with
dignity, purpose, and connection.*



A new vision for senior living is coming to Benevilla.

Every chapter of life deserves to be meaningful. BeneLiving is being thoughtfully designed to be more than a place to live. It will be a community where older adults can continue to pursue their passions, build meaningful relationships, discover new experiences, and embrace all that each day has to offer.

Visit: [Beneliving.org](https://www.beneliving.org)

**Be sure to check our website for the most up to date
Enriching Lives Network partners.**



Benevilla.org/enriching-lives-network

When you connect with one of our
trusted resources, please mention that
you found them through the
Enriching Lives Network Guide.



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