

OCTOBER 2026

Mary's Place Life Enrichment Program



Benevilla®

ANNOUNCEMENTS

October Birthdays:

10/11– Allen B.

10/28– Carolee

DAILY SCHEDULE

8:00 AM—4:00 PM

Daily Activities Include:

Exercise	Discussion Groups
Physical Activities	Creative Aging
Cognitive Activities	Gardening
	Music

8:30—9:30AM | MORNING SNACK

12 PM | LUNCH

2:15 PM—3 PM | AFTERNOON SNACK



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Oktoberfest Discussion Zumba w/ Sharon 11 Bingo! Little Women Trivia Small Groups	2 Fitness w/ Darlene 10 Christopher Singers 11 Daily Chronicle Charlie Brown Quizzes Movie: Hocus Pocus
5 Brain Teasers Axe Throwing Color Therapy Shoot The Duck Balloon Tennis	6 Audrey Angels 10 Brain Workouts Ladder Ball TUNES Categories Horseshoes	7 Detective Puzzles Travel Talk: Czech Republic Art w/ CarRee 1 Music w/ John 2 Putt Putt Golf	8 Memory Lanes Zumba w/ Sharon 11 Bingo! Ghostbusters Game Ball Toss	9 Football Toss Fitness w/ Darlene 11 Music w/ Henry 1:30 Popcorn Day Movie: The Addams Family
12 Name That Tune Pictionary Bowling Music w/ Joe Pokeeno	13 Target Practice Would you Rather? Color Therapy Music w/ John 1 Volleyball	14 Kickball Table Activities <i>Oct Birthday Celebration</i> Wheel of Fortune Noodle Ball	15 Fact or Fiction Zumba w/ Sharon 11 Bingo! Table Activities I Love Lucy Anniversary	16 Fitness w/ Darlene 11 Bean Bag Toss Color Therapy Billiards Movie: Practical Magic
19 Music w/ Ken 11 Member Council Metting/ Nurse Talk Pokeeno Table Activities	20 Audrey Angels 10 Categories Game Music w/ John 1 Basketball Water Doodle	21 Noodle Ball Table Activities Art w/ CarRee 1 Music w/ Miss Kitty 1:30 Cornhole	24 Daily Chronicles Zumba w/ Sharon 11 Bingo! Target Practice Parachute	23 Fitness w/ Darlene 10 Sing Along with Jean 11 Word Games Basketball Movie: Ghostbusters
26 Orange & Black Day Noodle Ball Cornhole Pumpkin Stamp Art Pumpkin Painting Spooky Treat Making	27 Favorite Character Day Class Act Line Dance 10 Music w/ John 1 Guess the Character Chair Volleyball	28 <i>Happy Birthday, Carolee!</i> Decades Day Veterans Coffee Social 9 Dancing to Disco 50s Trivia 70s Name that Tune 80s Name The TV theme	29 Cozy Pajama Day Pillow Toss Zumba w/ Sharon 11 Trivia Candy Bingo! White Board Games	30 Costume Day & Treats Halloween Carnival Pumpkin Bowling Snoopy's Doghouse Toss Cookie Decorating Magic w/ Jason 1:30 Movie: It's the Great Pumpkin, Charlie Brown